

Estimated Reading Time: 5 minutes

Focus Dailies 90 contact lenses are a great option for kids who need vision correction. These lenses are convenient, comfortable, and safe to use. This guide explains what Focus Dailies 90 contact lenses are, how they work, and how kids can use them safely and effectively.

Focus Dailies 90, daily contact lenses for kids, vision correction, eye care for children, how to use contact lenses, contact lens tips for kids, Alcon contact lenses

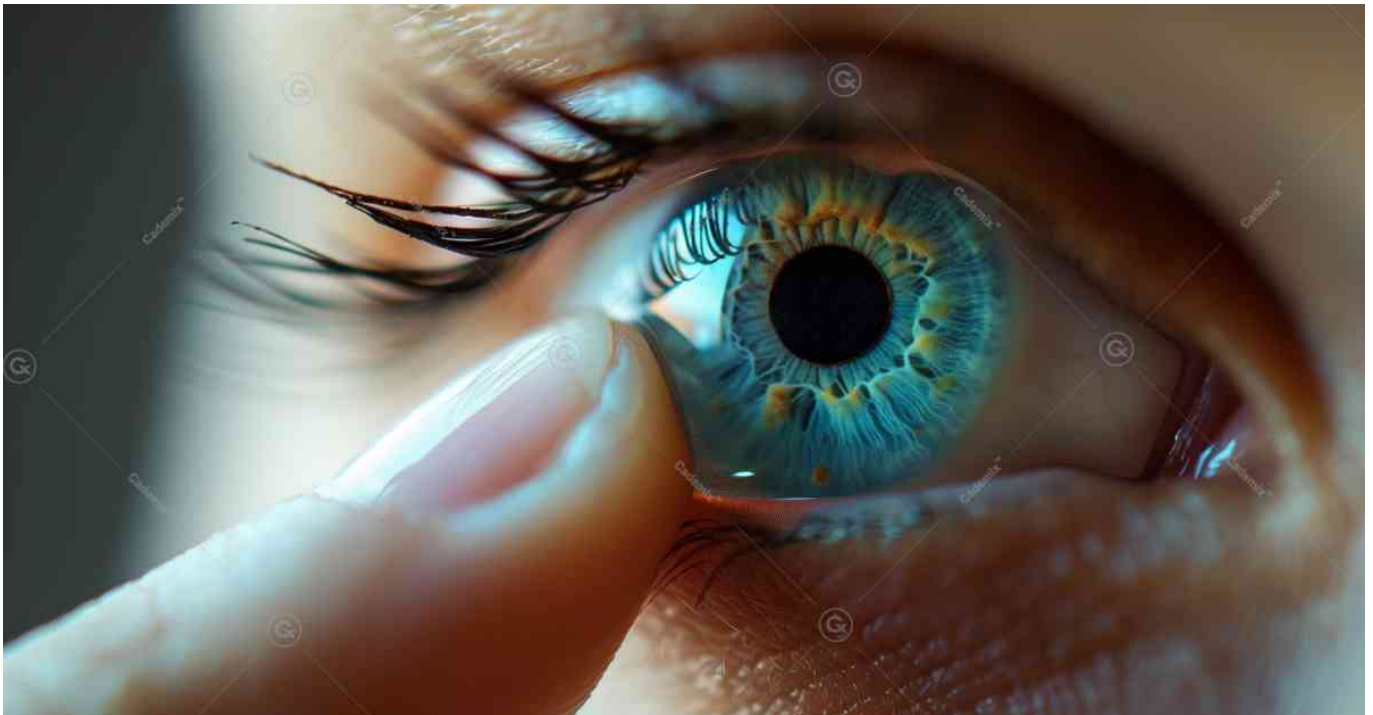
What Are Focus Dailies 90 Contact Lenses?

Daily Disposable Lenses

Focus Dailies 90 are daily disposable contact lenses. This means you wear a fresh pair of lenses every day and throw them away at night. This makes them easy to use and reduces the need for cleaning and storing lenses.

How They Work

These lenses are designed to provide clear and comfortable vision. They correct refractive errors such as nearsightedness (myopia) and farsightedness (hyperopia), helping you see clearly at all distances.



Box of 90 Lenses

Focus Dailies 90 come in a box containing 90 lenses. This is enough for 45 days of use, assuming you use one pair per day. The large pack is convenient and ensures you have plenty of lenses on hand.

Benefits of Focus Dailies 90 for Kids

Easy to Use

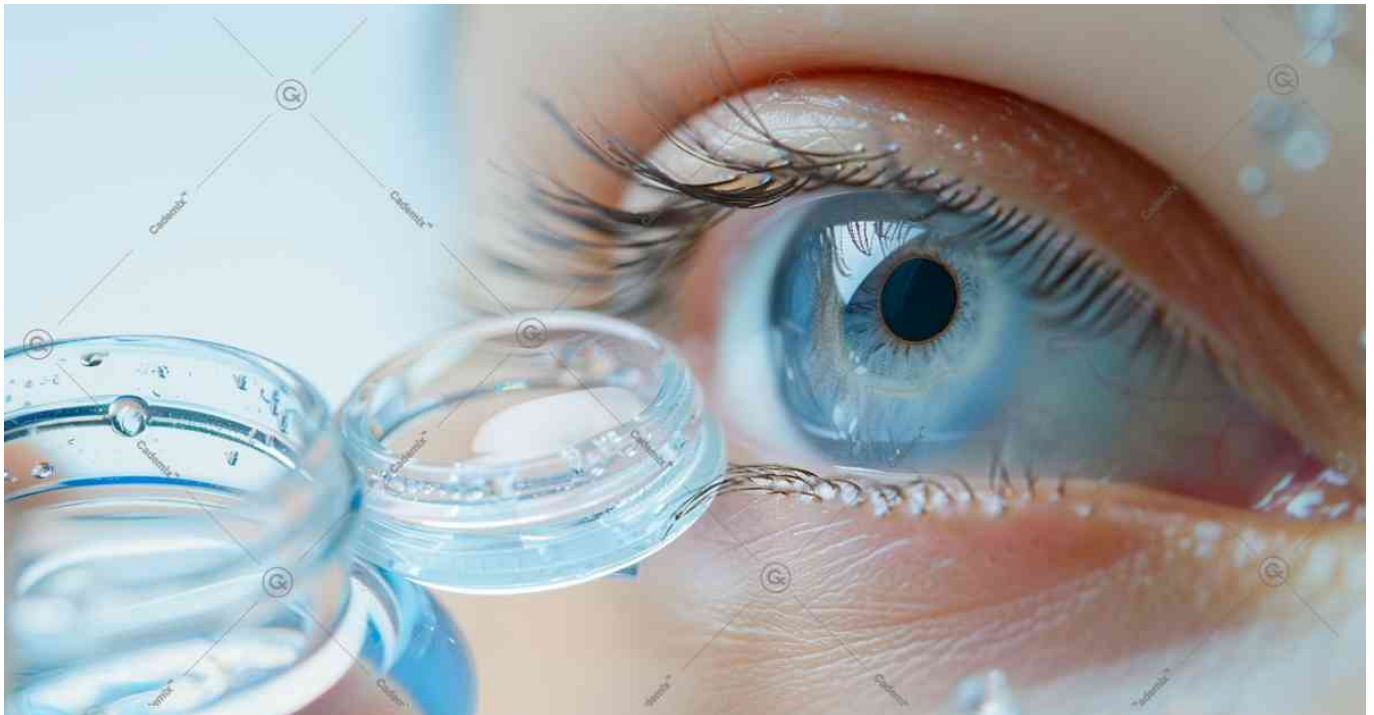
Since Focus Dailies 90 are daily disposable lenses, you don't need to worry about cleaning and storing them. Just put in a new pair each morning and throw them away at night. This makes them perfect for kids who are new to wearing contacts.

Comfortable to Wear

Focus Dailies 90 are made from a soft, breathable material that keeps your eyes comfortable all day long. They are designed to stay moist, reducing the risk of dryness and irritation.

Safe and Hygienic

Using a fresh pair of lenses every day is one of the safest and most hygienic ways to wear contact lenses. It minimizes the risk of eye infections and ensures that your lenses are always clean.



How to Use Focus Dailies 90 Contact Lenses

Putting In Your Lenses

1. **Wash Your Hands:** Always wash your hands with soap and water before handling your contact lenses. Dry them with a clean towel.
2. **Prepare the Lens:** Take a lens out of the blister pack and place it on the tip of your index finger. Make

sure it looks like a cup with the edges pointing up.

3. **Insert the Lens:** Hold your upper eyelid open with one hand and pull down your lower eyelid with the other. Look up and gently place the lens on your eye. Blink a few times to center the lens.
4. **Repeat:** Repeat these steps for the other eye.

Taking Out Your Lenses

1. **Wash Your Hands:** Wash and dry your hands thoroughly.
2. **Pull Down Lower Eyelid:** Look up and pull down your lower eyelid.
3. **Pinch the Lens:** Gently pinch the lens between your thumb and index finger and remove it from your eye.
4. **Dispose of the Lens:** Throw the used lens away. Repeat these steps for the other eye.



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Tips for Using Focus Dailies 90 Safely

Follow Instructions

Always follow the instructions provided by your eye doctor and the lens packaging. This ensures you use the lenses correctly and safely.

Don't Share Lenses

Never share your contact lenses with anyone else. Sharing lenses can spread germs and cause eye infections.

Keep Your Eyes Moist

If your eyes feel dry, ask an adult to help you get some rewetting drops that are safe to use with contact lenses. This can make wearing your lenses more comfortable.

Tell an Adult If You Have Problems

If your eyes feel uncomfortable, red, or blurry, take out your lenses and tell an adult. These could be signs of an infection or other issues that need to be checked by an eye doctor.



Fun Facts About Focus Dailies 90

Convenience

Using daily disposable lenses like Focus Dailies 90 means you don't have to worry about cleaning and storing your lenses. This makes them a convenient choice for busy kids.

Comfort

Focus Dailies 90 are designed to be comfortable from the moment you put them in until you take them out. This makes them a great choice for kids who are new to contact lenses.

Clear Vision

These lenses provide clear and stable vision throughout the day. Whether you're in school, playing sports, or hanging out with friends, you can count on your Focus Dailies 90 lenses to help you see clearly.



Conclusion

Focus Dailies 90 contact lenses are a fantastic option for kids who need vision correction. They are easy to use, comfortable to wear, and safe for daily use. By following simple steps and safety tips, kids can enjoy clear vision and healthy eyes. Remember to always wash your hands, follow the instructions, and tell an adult if you have any problems with your lenses.

For more information on Focus Dailies 90 contact lenses, visit the [Alcon website](#).

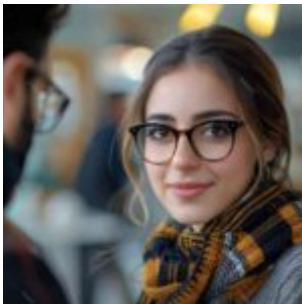
Learn about proper eye care for kids from the [American Optometric Association \(AOA\)](#).

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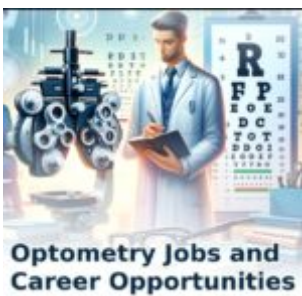
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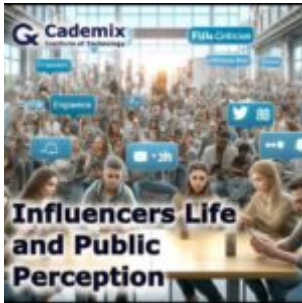
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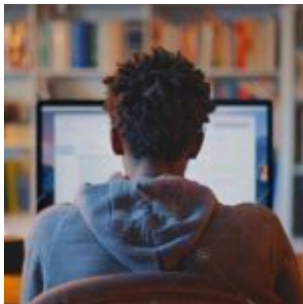
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